



NATURE'S CALL

09.11.23 - 13.11.23

FRANKFURT | GERMANY



Project Purpose:

Enhancing Learning and Development through Nature

- 1. Optimizing Child Development:** Nature offers a dynamic platform for preschool and primary school children to undergo comprehensive cognitive, social-emotional, physical, and language development.
- 2. Environmental Awareness:** The project emphasizes the significance of instilling environmental awareness in children during their formative years.
- 3. Holistic Learning:** Children's learning skills and attention span are enriched through engaging with nature, resulting in enhanced cognitive abilities and improved focus.
- 4. Cultural Exchange and Skill Diversification:** Collaboration among individuals from diverse cultures and backgrounds is promoted, fostering valuable educational interactions.
- 5. Natural Learning Environment:** Learning within a natural setting accelerates skill acquisition, boosts retention, and nurtures essential life skills such as organization, teamwork, and responsibility.
- 6. Creative Exploration:** Green spaces encourage creative play and cooperative interactions, leading to increased cognitive capacities and social development.
- 7. Attention and Academic Success:** Research indicates that exposure to nature reduces attention deficit symptoms and enhances academic achievements in children.
- 8. Physical Activity and Nutrition:** Time spent in various natural environments correlates with higher physical activity levels, improved nutritional awareness, and stronger interpersonal connections.
- 9. Self-Control and Stress Reduction:** Children immersed in green areas exhibit improved self-control, decreased stress, and lower anxiety.
- 10. International Collaboration:** The project is orchestrated by the Matthias Bildungs Institute in Frankfurt, Germany, in partnership with Portugal, Turkey, and Romania. The initiative fosters cross-country educational and training activities, involving three educators from each participating country.



Exploring „Nature’s Call“: Foresting Holistic Learning Through Nature-Centric Education and Cultural Engagement

DAY 1: Program Introduction and University Exploration

+ **Orientation Meeting for Teachers:**

Introduction to the 5-day program, accommodation, and city information.

+ **Lunch at Goethe University Campus:**

Discover the harmony of nature and education.

+ **Goethe's Legacy Presentation:**

Learn about Johann Wolfgang von Goethe's contributions in a natural setting.

+ **Matthias Bildungsinstitut Insights:**

Explore training programs, child education, and German schooling system.

Day 2: Interactive Learning and Cultural Dinner

+ **Kindergarten Interaction:**

Engage with local preschoolers and observe nature-based education.

+ **Primary School Immersion:**

Explore primary school nature activities and procedures.

+ **Cultural Dinner Experience:**

Delight in historical ambiance and cuisine.

Day 3: Child Education Insights and Expert Discussions

+ **Child Protection Seminar:**

Learn about child interests and legal processes in Germany.

+ **Education in Europe Discussion:**

Meet the European City Secretary for education insights.

+ **Pediatrician's Dinner Talk:**

Discuss children's socialization in nature for holistic development.

Day 4: Academic Perspectives and Social Engagement

+ **University Lecture:**

Understand natural activities' role in child cognitive development.

+ **AWO Visit:**

Explore child-focused work with a social worker at AWO organization.

+ **Tugce Albayrak Association Presentation:**

Learn about theater-based self-confidence training.

Day 5: City Exploration and Closing Ceremony

+ **Frankfurt City Tour:**

Visit historical streets and landmarks, including the city's largest historical museum.

+ **Goethe House Museum:**

Explore Goethe's writing haven and family life.

+ **Riverside Picnic:**

Enjoy a relaxing picnic by the famous Main river.

+ **Certificate Ceremony:**

Conclude with a certificate presentation.



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