







Dear Parents,

We are pleased to provide you with information about our project "Nature's Call," conducted by the Matthias Education Institute. This project offers valuable information and activities for children and their parents. Within the framework of "Nature's Call," activities, seminars, and the "Learning through Life" model are offered to promote positive developments in the lives of our children.

Our project is being carried out over a period of two years in collaboration with the **National Agency Erasmus+ School Education** and the **Conference of Ministers of Education and Cultural Affairs**Pedagogical Exchange Service within the **Erasmus program**.

Nature provides a rich and fascinating learning environment for children. When children spend time outdoors observing nature, they can develop essential skills and acquire valuable knowledge. Our project explains how observing nature enhances children's learning and why it should play a significant role in their education. Childhood is the time when learning is internalized. A child who learns through seeing, experiencing, and discovering will be much more successful in later life and make a significant contribution to their personal and psycho-socio-cultural development.

Observing nature offers the following developmental opportunities for children:

- Sensory Experience: Children learn best when they can use their senses. Observing nature allows them to fully engage their senses and develop sensory abilities.
- Curiosity and Discovery: Children are naturally curious and eager to explore the world around them. Nature offers countless opportunities for discoveries that further stimulate their curiosity.
- Environmental Awareness: Children develop a deeper understanding of the environment and the importance of











conservation through observing nature. They learn that they are part of a larger ecosystem and how their actions can impact the natural world.

- 4. **Cognitive Development:** Observing nature promotes children's cognitive development, strengthening their skills in science, mathematics, and problem-solving.
- 5. **Physical Health:** Spending time in nature also promotes children's physical health, allowing them to run, climb, balance, and improve their motor skills.
- 6. **Emotional Development:** Nature has a calming effect on children and can help reduce stress while promoting emotional well-being.
- 7. **Social Learning:** Observing nature also fosters social learning through teamwork and social interaction.

Research consistently shows that **learning through observing nature** is highly beneficial for children. It supports their holistic development and can instill a lifelong love for nature and learning. We encourage parents and educators to create opportunities for children to spend regular time in nature, whether through visits to parks, gardens, forests, or their own backyard. Children have the potential to discover amazing things when they view the world through the lens of nature. **Children are our future** and the architects of society. A child who develops in a healthy psycho-socio-cultural manner has the power to positively influence the entire community. The education and development of children are of utmost importance to us. We cordially invite you to closely follow our activities and participate.

Sincerely

M. Hoffmann

Matthias Hoffmann CEO

